



# WEST SENECA ATHLETICS 2025-2026

**Please set up your parent portal account  
if you haven't done so already**

### SUMMER WEIGHT ROOM

All incoming students (grades 7-12)  
Weight rooms at each High School will be open  
Mon-Thurs, June 30 to August 14, 2025  
Hours: Girls 8:00 – 9:30 am  
Boys 9:30 – 11:00 am

### FALL 2025 SEASON

**Registration** (via Parent Portal) – **July 28<sup>th</sup> to Aug 7<sup>th</sup> ONLY**  
Physicals turned into the Athletic Office by Aug 12<sup>th</sup>

**APP Request Deadline:** August 4, 2025  
(click link on right for info - testing the week of August 11<sup>th</sup>)

General Starting Dates (click on link at right for more details)

Aug 18<sup>th</sup> Var & JV Sports      Aug 21<sup>st</sup> Mod Football  
Aug 25<sup>th</sup> Other Mod sports

### WINTER 2025-26 SEASON

**Registration** (via Parent Portal) – **Oct 27<sup>th</sup> to Nov 7<sup>th</sup> ONLY**  
Physicals from PMD to be turned into the School Nurse

**APP Request Deadline:** October 27, 2025  
(click link on right for info- testing the week of November 3<sup>rd</sup>)

General Starting Dates (click on link at right for more details)

Nov 17<sup>th</sup> Var & JV Sports      Nov 17<sup>th</sup> Modified Wrestling  
Nov 24<sup>th</sup> Other Mod Sports

### SPRING 2026 SEASON

**Registration** (via Parent Portal)– **Feb 18<sup>th</sup>–March 2<sup>nd</sup> ONLY**  
Physicals from PMD to be turned into the School Nurse

**APP Request Deadline:** February 13, 2026  
(click link on right for info - testing week of February 23<sup>rd</sup>)

General Starting Dates (click on link at right for more details)

March 9<sup>th</sup> Var & JV Sports      March 16<sup>th</sup> Modified Sports

### Office Information

#### **Athletic Director:**

Marisa Fallacaro-Dougherty  
Email: mdougherty@wscschools.org

#### **Secretary:**

MaryKay Biddle  
Email: mbiddle@wscschools.org

**Location:** East Middle School  
Door 24 (in the circle)  
24/7 accessible secure mailbox for  
Athletics is on window by door #24

**Office Phone:** 716-677-3141  
**Office Fax:** 716-677-3142

### **Important Links**

- [Athletic Homepage](#)
- [Parent Portal Sign In](#)
- [Athletic Placement Process \(APP\)](#)
- [Physicals](#)
- [Sport Schedules](#)
- [Sport Offerings](#)
- [Starting Dates / Information](#)

### **Athletic College Signing Dates**

|        | <u>EAST</u> | <u>WEST</u> |
|--------|-------------|-------------|
| Fall   | 11/12/25    | 11/13/25    |
| Winter | 2/4/26      | 2/5/26      |
| Spring | 4/22/26     | 4/23/26     |

submit [form](#) at least one week prior to date

### **Physical Dates - Summer 2025**

August 7<sup>th</sup> and 12<sup>th</sup>  
[BY APPOINTMENT ONLY](#)